

Enhancing Personal & Professional Excellence

Exploring the many facets of Personal and Professional growth and excellence

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Overview

Striving towards Personal and professional excellence is a fascinating journey. The complex play of intrapersonal and interpersonal skills and group dynamics in today's world, provides both opportunities and challenges to one and all. It can either catapult you to the trajectory of immense growth and success or can hold you back in shackles of conflicts, emotions, negative thoughts and self-defeating lack of confidence.

This Programme will focus on self-improvement at physical, mental & emotional levels, and improvement of interpersonal skills as an integral part of the managerial process. It provides a context to approach the subject of personal & professional excellence, systematically and critically, based on your own experiences and needs. This will allow you to establish a framework, that will help you increase your learning, every time you are involved in self-improvement. It will lay the foundation for the continuous journey, that is necessary to excel in this critical competence.

Learning Objectives

1. Increasing the level of self-awareness and personal SWOC analysis
2. Understanding unique tools for personal and professional excellence
3. Ideating and exchanging views with other peers, for collective learning
4. Developing individual strategies & action plans, for personal & professional growth, based on experiences & learning

For Whom

This course is suitable for middle to senior level executives, who habitually need to work with multiple stakeholder groups, internal and external, to achieve their organizations' objectives.

Key Topics covered in the Programme

- Self awareness and SWOC analysis
- Understanding the thinking and behavioural preferences
- Effective communication strategies; Emotional intelligence and Effective soft skills
- Understanding & leveraging, motivation & motivators, in self and others
- Creativity and innovation for success
- Art of conflict management and moderation
- Effective goal setting and execution
- Growth mindset and the Art of Execution

Methodology

The workshop will use the 5D approach, blending Discourses, Discussions, Dialogue, Dramatization and Drills, for effective knowledge transfer & application. Audio video presentations, simulations, self assessments & ratings, group discussions, games, exercises, reflections etc will provide a vibrant experiential learning ambience to the participants,

Day wise Topics Covered

Day 1: Morning Sessions

- Self and group introductions
- Self Awareness : Who am I?
- SWOC analysis and discussions
- Moving Thinking Forward : Deep dive into the Thinking process

Day 1: Afternoon Sessions

- Goal setting and the art of execution
- Motivation : The key to sculpting success
- Effective communication strategies
- Team playing and conflict management

Day 2: Morning Sessions

- Understanding the 48 tools for personal and professional excellence
- Introspection and self rating
- Creating a growth mindset
- Leveraging creativity and innovation for excellence

Day 2: Afternoon Sessions

- Building a strong Emotional Intelligence
- Effective soft skills
- One to one interaction and mentoring
- Creating Personalized Action Plans

Programme Details

Programme Dates: 5-6 December, 2023

Programme Duration: 2 Days, In-Campus

Programme Fee: Rs. 25,000/- + GST Per Participant

Faculty



Ganesan Ramaswamy

Ganesan Ramaswamy is a visiting faculty in Executive Education, at Mahindra University. Dr Ganesan is a renowned Leadership Facilitator, Success Coach and Mentor, Innovation Expert, and Assessor of thinking preferences and behavioural attributes.

He trains Senior & Mid- level managers, in the areas of Leadership, Team Building, Result Orientation, Motivation, Unleashing self-potential, Overcoming inhibitions and restrictive thinking, creativity and innovation. problem solving etc. He has trained and mentored executives from companies like Bank of America, Bosch, Unisys, Ericsson Global, Viteos, Canara Bank, Tata Motors, Godrej, Wipro, Emphasis-BFL, TNT Worldwide, Akzo Nobel, NTPC, NPCIL, Garware, Shopper's Stop, Ceat Ltd. etc.

Dr Ganesan is a senior guest speaker with leading management institutes. He also regularly speaks at many prestigious platforms such as Rotary and Lions Clubs, NIPM, YPO forums etc.

He holds a Hon. doctorate for his work in the area of Management Education. He is a fellow member of the Institute of Chartered Accountants of India since 1986; is an MBA in Marketing; with more than 26 years professional experience in a wide spectrum of industries such as Bajaj Auto Finance Limited, Tata Consultancy Services as well as independent management and business consulting and training for over 20 years.

He has chaired sessions, presented papers and delivered key note addresses at many national and international conferences. He is also on the editorial board of some research journals in India and abroad.

Dr Ganesan has published a book Titled "48 Sure shot Tools for personal and Professional Success." He is the owner and developer of a unique simulation exercise titled G- Square to match motivators with deeply embedded life interests.

About Centre for Executive Education

The Centre for Executive Education (CEE) at Mahindra University, creates and conducts learning programmes for working professionals, which are designed to provide timely and relevant knowledge, insights and perspectives, that help them progress in their current and future roles in organizations. By enhancing performance of executives, these programmes are aimed to positively impact the organisations that they work for.

Executive Education Programmes at Mahindra University span across multiple business disciplines, engineering & data science, and law, for different seniority levels, in various national and international geographical locations.

CEE's mission is to be a hub for engaging & beneficial interactions between business leaders and the academia. The centre works with some of the finest faculty in India and from leading Global Business Schools. Participants will have opportunities to learn from the innovative research and consulting experience of the faculty, wide experience of the peer group of learners, and from Industry practitioners who bring in strong domain knowledge.

About Mahindra University

Mahindra University, established in May 2020, is a multi-disciplinary global education and knowledge campus which offers industry-aligned curricula, a student-centered learning environment, and opportunities for international exposure. The University offers Undergraduate and Post Graduate programs in its five Schools namely Ecole Centrale School of Engineering, School of Management, School of Law, Indira Mahindra School of Education, School of Media and Liberal Arts. The University has been established in a sprawling, green, 130 acres at Bahadurpally in Hyderabad. The University provides students with a modern lifestyle and a unique multi-cultural immersion in a predominantly green campus. The Lecture Theaters, Seminar Halls and Syndicate Rooms deploy state-of-the-art technology, to impart a multi-media, interactive learning experience to participants. Executive Housing facilities on campus come with contemporary design, spacious & comfortable air-conditioned rooms.



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