

Leading with Purpose

Spirituality and Business

Programme Details



Programme Dates: 12-13 February 2026



Programme Mode: 2 Days, In-Campus



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Programme Overview

In today's corporate world, leadership is no longer just about strategic acumen or emotional intelligence; it demands a deeper level of wisdom, resilience, and purpose. With rapid technological advancements, economic uncertainties, and ever-evolving workplace dynamics, leaders are constantly navigating disruption. From the pressures of high-stakes decision-making to maintaining employee engagement in a hybrid work environment, modern leaders face a multitude of challenges that require more than just intellect and experience—they need an unshakable inner foundation.

This is where Spiritual Leadership becomes imperative. While Emotional Quotient (EQ) equips leaders with empathy, communication, and interpersonal effectiveness, Spiritual Quotient (SQ) takes it a step further by fostering clarity, inner balance, and a purpose-driven approach. SQ enables leaders to transcend ego-driven leadership, make values-based decisions, and inspire organizations with authenticity and vision. Unlike conventional leadership models that often focus on performance and profit, Spiritual Leadership integrates wisdom, self-awareness, and service-oriented leadership, ensuring that businesses not only thrive financially but also contribute meaningfully to holistic employee growth and society.

Why Spiritual Quotient?

1. Navigating Uncertainty with Resilience

The corporate landscape is unpredictable, with frequent disruptions like market fluctuations, AI-driven automation, and global crises. A leader with high SQ remains composed, seeing obstacles as opportunities for learning and transformation rather than threats.

2. Purpose-Driven Leadership

Employees today seek more than just salaries; they seek meaning in their work. Leaders with a strong Spiritual Quotient inspire by aligning business goals with higher purpose, creating organizations that attract, retain, and empower high-performing teams.

3. Ethical Decision-Making in a Complex World

As businesses face ethical dilemmas, sustainability concerns, and corporate governance challenges, SQ helps leaders cultivate integrity and long-term thinking, ensuring that decisions are rooted in dharma (righteousness) rather than short-term gains.

4. The Ability to Lead with Calm and Presence

Leadership fatigue, burnout, and stress are prevalent. Leaders with SQ practices inner mastery through self-reflection, mindfulness, and a deep connection with higher wisdom, enabling them to remain grounded amidst chaos.

Learning Objectives:

- Understand why SQ matters in the modern corporate world.
- Differentiate between IQ, EQ, and SQ in decision-making and leadership impact.
- Identify the challenges of modern leadership and how SQ offers long-term solutions.
- Cultivate inner mastery and self-awareness in leadership.
- Develop mental clarity and resilience in high-pressure environments.
- Explore mindfulness, presence, and energy management as leadership tools.
- Apply Vedantic principles to corporate leadership and ethics.
- Align personal purpose with organizational goals to create authentic leadership.
- Cultivate wisdom and discernment for ethical decision-making.
- Identify the core competencies of a spiritual leader.
- Develop daily habits and leadership rituals that enhance SQ.
- Learn practical tools to lead with presence, vision, and impact.

Who is this Programme For?

This programme is designed for:

- **Senior-Level Leaders** across industries who are navigating disruption, high-stakes decisions, and hybrid workforces.
- **CXOs, Directors, Function Heads, and Entrepreneurs** who seek to align business growth with a deeper purpose and ethical leadership.
- **HR and L&D Leaders** focused on building resilient, values-based leadership pipelines
- **Professionals** looking to move beyond traditional models of leadership and embrace a purpose-driven, mindful, and impactful approach to leading teams and organizations.
- **Leaders in NGOs and Social Enterprises** aiming to integrate service-oriented leadership with organizational strategy.

Whether you're aspiring to transform your organization, managing change, tackling burnout, or aiming to inspire with authenticity, this workshop equips you with the spiritual foundation essential for long-term leadership success.

Programme Key Takeaways

By the end of the two-day workshop, participants will be able to:

1 . Understand the Framework of Spiritual Leadership

Grasp how leadership has evolved—from transactional to transformational to spiritual—and why spiritual intelligence is the missing link in long-term, purpose-driven leadership.

2 . Cultivate Inner Mastery for Outer Impact

Develop greater Self-awareness, Equanimity, Detachment, and Compassion using the Four Pillars of Inner Stability

3 . Manage Stress and Prevent Burnout

Learn practical tools rooted in mindfulness and self-inquiry to remain composed and centered in high-pressure and uncertain environments.

4 . Lead with Ethical Clarity and Dharma

Apply values-based leadership principles to resolve ethical dilemmas, make dharma-aligned decisions, and build trust-based cultures.

5 . Align Personal Purpose with Organizational Vision

Discover how to connect deeply with one's own purpose and channel it into authentic and high-impact leadership.

6 . Enhance Core Leadership Competencies through SQ

Strengthen skills such as:

- Self-Mastery & Mindfulness
- Ethical Judgment & Discernment
- Empathy & Deep Listening
- Clarity & Long-Term Vision
- Purpose-Driven and Servant Leadership

7 . Apply Vedantic and Eastern Wisdom in Business

Translate insights from Vedantic and spiritual traditions into actionable leadership tools and philosophies for modern corporate contexts.

8 . Build Daily Leadership Rituals

Adopt spiritual routines and habits that sustain inner balance and drive continuous growth as a leader.

Each session is designed not only to provide frameworks and concepts but also experiential learning and self-reflection practices for deep transformation.

Day wise Session Topics Covered

Day 1

Session 1 & 2: — The Essence of Spiritual Leadership

- **The Evolution of Leadership:** From Transactional → Transformational → Spiritual Leadership.
- **Why Emotional Intelligence is Not Enough:** The missing link in long-term impactful leadership.
- **Spiritual Leadership in Action:** Corporate case studies of leaders who integrate SQ into their leadership style.

Session 3 & 4: — The Inner Work – Building Spiritual Resilience

- **The Four Pillars of Inner Stability:** Awareness, Equanimity, Detachment, and Compassion.
- Managing Stress, Anxiety, and Burnout through Spiritual Intelligence.
- The Role of Mindfulness and Self-Inquiry in Leadership.

Day 2

Session 5 & 6: — Values-Based Leadership & Ethical Decision-Making

- **The Dharma of Leadership:** Leading with ethics, wisdom, and impact.
- **Corporate Case Studies:** How spiritually grounded leaders navigate ethical dilemmas.
- How to Align Business Growth with Higher Purpose.

Session 7 & 8: — Key Skills for Spiritual Leadership

- **Key Skills for Spiritual Leadership:**
 - **Self-Mastery & Mindfulness** – How to stay centered amidst chaos.
 - **Discernment & Ethical Judgment** – Making wise, values-based decisions.
 - **Empathy & Deep Listening** – Enhancing EQ for meaningful leadership.
- **Clarity & Vision** – Seeing the bigger picture with a long-term perspective.
- **Servant Leadership & Purpose-Driven Influence** – Leading for impact beyond personal ambition.

Programme Faculty



Prof. Srinivasan Ranganathan

**Visiting Faculty, Centre for Executive Education,
Mahindra University**

Leadership Mentor | Vedanta Teacher | Executive Coach |
Social Changemaker

Srinivasan Ranganathan is a leadership mentor, Vedanta teacher, and social changemaker whose life's mission is deeply inspired by Dr. A.P.J. Abdul Kalam's dream of a "Developed India." He brings a rare blend of spiritual depth, strategic clarity, and transformative energy to leadership development. His work is centered on enabling individuals and organizations to transcend mediocrity and align with their highest purpose, by fostering growth not just in professional and personal domains, but at the level of inner and spiritual transformation.

As a Visiting Professor at the Indian School of Business (ISB), Hyderabad, Ranga has designed and delivered high-impact programmes for CXOs, IPS officers, diplomats, and healthcare professionals. His teachings are known to catalyze lasting shifts in how leaders think, decide, and show up in the world. What sets Ranga apart is his ability to combine real-world leadership principles with timeless spiritual insight, offering a grounded yet elevated approach to navigating complexity.

Over the years, Ranga has facilitated leadership transformation journeys for global corporations such as Microsoft, SAP Labs, HP, Infosys, and Bank of America. These workshops were deeply immersive leadership experiences that challenge paradigms, expand possibilities, and integrate purpose into the core of business strategy.

Ranga has spent over 15 years studying Vedanta and regularly immerses himself in Himalayan teachings. He is the founder of Joyful Vedanta, a learning platform where senior professionals engage in structured self-inquiry to integrate ancient wisdom into their personal and professional lives. This synthesis of spirituality and leadership also informs his executive coaching practice, where he works closely with C-suite leaders to cultivate inner mastery, self-awareness, and discernment in decision-making.

Beyond corporate boardrooms and classrooms, Ranga has committed himself to shaping a more conscious society. Through the Inside-Out Foundation, which he co-founded with his wife Meena Krishnamurthy, he leads community projects focused on organic living, women's rehabilitation, child adoption, and drug de-addiction. He also serves as Chairperson of a Chennai-based NGO that supports old-age homes and marginalized communities. His efforts reflect a deep belief in leadership as service—a philosophy he both teaches and lives by.

Ranga holds a Post Graduate degree in Management from the Indian Institute of Management, Bengaluru (IIM-B) and a Post Graduate degree in Mathematics from the Indian Institute of Technology, Chennai (IIT-M). His rare ability to bridge analytical thinking with inner wisdom makes him a compelling guide for today's leaders, who must navigate disruption with clarity, calm, and conscience.



Programme Fee: INR 80,000+ GST Per Participant

About Centre for Executive Education

The Centre for Executive Education (CEE) at Mahindra University, creates and conducts learning programmes for working professionals, which are designed to provide timely and relevant knowledge, insights and perspectives, that help them progress in their current and future roles in organizations. By enhancing performance of executives, these programmes are aimed to positively impact the organisations that they work for.

Executive Education Programmes at Mahindra University span across multiple business disciplines, engineering & data science, and law, for different seniority levels, in various national and international geographical locations.

CEE's mission is to be a hub for engaging & beneficial interactions between business leaders and the academia. The centre works with some of the finest faculty in India and from leading Global Business Schools. Participants will have opportunities to learn from the innovative research and consulting experience of the faculty, wide experience of the peer group of learners, and from Industry practitioners who bring in strong domain knowledge.

About Mahindra University

Mahindra University, established in May 2020, is a multi-disciplinary global education and knowledge campus which offers industry-aligned curricula, a student-centered learning environment, and opportunities for international exposure. The University offers Undergraduate and Post Graduate programs in its five Schools namely Ecole Centrale School of Engineering, School of Management, School of Law, Indira Mahindra School of Education, School of Media, Centre for Sustainability, School of Design and Innovation and Liberal Arts. The University has been established in a sprawling, green, 130 acres at Bahadurpally in Hyderabad. The University provides students with a modern lifestyle and a unique multi-cultural immersion in a predominantly green campus. The Lecture Theaters, Seminar Halls and Syndicate Rooms deploy state-of-the-art technology, to impart a multi-media, interactive learning experience to participants. Executive Housing facilities on campus come with contemporary design, spacious & comfortable air-conditioned rooms.

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